COURSE NUMBER & TITLE: PSYC 1400: Abnormal Psychology  
CREDITS: 3 (3Lec 0 / Lab)  
PREREQUISITES: PSYC 1205: General Psychology  

CATALOG DESCRIPTION:  
Abnormal Psychology is the study of mental and behavioral disorders: their theoretical perspectives, classification, description, and assessment and intervention methods. This course conceptualizes abnormal behavior from the biopsychosocial perspective: biological, psychological, and sociocultural factors as they evolve over time in the individual’s growth and development.  

OUTLINE OF MAJOR CONTENT AREAS:  
1. Understanding Abnormal Behavior  
   A. Definition, variants of human behavior, social impact and stigma  
   B. Scientific approach and research methods  
   C. History and theoretical perspectives  
   D. Ethical and legal issues  
2. Diagnosis, Treatment, and Assessment  
   A. Client and clinician  
   B. Diagnostic and Statistical Manual of Mental Disorders  
   C. Diagnostic procedures, case and cultural formulation  
   D. Treatments overview  
   E. Assessment methods  
3. Theories and Treatment of Psychological Disorders  
   A. Neurodevelopmental disorders  
   B. Schizophrenia Spectrum and Other Psychotic Disorders  
   C. Depressive and Bipolar Disorders  
   D. Anxiety, Obsessive-Compulsive, and Trauma- and Stressor-Related Disorders  
   E. Dissociative and Somatic Symptom Disorders  
   F. Feeding and Eating Disorders; Elimination Disorders; Sleep-Wake Disorders; and Disruptive, Impulse-control, and Conduct Disorders  
   G. Paraphilic Disorders, Sexual Dysfunctions, and Gender Dysphoria  
   H. Substance-Related and Addictive Disorders  
   I. Neurocognitive Disorders  
   J. Personality Disorders
COURSE GOALS / OBJECTIVES / OUTCOMES:
1. Students will identify and define the major psychological disorders.
2. Students will recognize the primary symptoms and etiological theories (factors that contribute to the development of a disorder) of major psychological disorders.
3. Students will compare and contrast the major theoretical perspectives on abnormal psychology.
4. Students will explain the primary methods used to define, conceptualize, assess and treat psychopathology.
5. Students will analyze the effects of societal perceptions (and misperceptions) of psychopathology.
6. Students will demonstrate psychological information literacy, locate primary source scholarly documents, and competently communicate according to the style of the American Psychological Association.

MNTC GOALS AND COMPETENCIES MET:
History and the Social and Behavioral Sciences

HCC COMPETENCIES MET:
Working productively and cooperatively
Communicating clearly and effectively
Thinking creatively and critically
Social/civic responsibility

STUDENT CONTRIBUTIONS:
Students are expected to attend all lectures, participate in and contribute to class discussion, complete all assignments and tests on time and request assistance when needed. Students should spend at least six hours per week preparing for class. Attendance is critical in this class.

STUDENT ASSESSMENT SHALL TAKE PLACE USING INSTRUMENTS SELECTED/DEVELOPED BY THE COURSE INSTRUCTOR.

Curriculum Committee Approval Date: February 12, 2018

AASC APPROVAL DATE: February 21, 2018
REVIEW DATE: February 2023