HIBBING COMMUNITY COLLEGE
COURSE OUTLINE

COURSE NUMBER & TITLE: PSYC 1350: Lifespan Development
CREDITS: 3 (Lecture 3 / Lab 0)
PREREQUISITES: PSYC 1205: General Psychology

CATALOG DESCRIPTION:
Lifespan Development is a scientific and theoretical examination of the systematic processes of change and stability in humans. This course will explore three major interrelated domains of the self: physical, cognitive, and psychosocial development. As the title of this course implies, we will be learning about human development from conception through infancy, early through late childhood, adolescence, early through late adulthood, and dying and death.

OUTLINE OF MAJOR CONTENT AREAS:
1. The life-span developmental perspective
   A. The study of human development
   B. Theory & research
2. Beginnings
   A. Forming a new life
   B. Birth & physical development during the first 3 years
   C. Cognitive development during the first 3 years
   D. Psychosocial development during the first 3 years
3. Early childhood
   A. Physical and cognitive development in early childhood
   B. Psychosocial development in early childhood
4. Middle childhood
   A. Physical and cognitive development in middle childhood
   B. Psychosocial development in middle childhood
5. Adolescence
   A. Physical and cognitive development in adolescence
   B. Psychosocial development in adolescence
6. Emerging & young adulthood
   A. Physical and cognitive development in emerging and young adulthood
   B. Psychosocial development in emerging and young adulthood
7. Middle adulthood
   A. Physical and cognitive development in middle adulthood
   B. Psychosocial development in middle adulthood
8. Late adulthood
   A. Physical development in late adulthood
   B. Cognitive development in late adulthood
C. Psychosocial development in late adulthood

9. The end of life: Dealing with death & bereavement

COURSE GOALS/OBJECTIVES/OUTCOMES:

1. Students will distinguish between major theoretical perspectives in developmental psychology.
2. Students will compare and contrast the various theoretical perspectives according to how they view major controversies and issues in developmental psychology.
3. Students will evaluate the advantages and disadvantages of the various techniques used to study human development.
4. Students will explain physical, cognitive, and psychosocial development across the lifespan.
5. Students will describe common developmental terms and concepts.
6. Students will apply developmental concepts and theories to everyday relationships and situations.

MNTC GOALS AND COMPETENCIES MET:
History and the Social and Behavioral Sciences
Human Diversity

HCC COMPETENCIES MET:
Working Productively and Cooperatively
Communicating Clearly and Effectively
Thinking Creatively and Critically
Social/Civic Responsibility

STUDENT CONTRIBUTIONS:
Students are expected to attend all lectures and working sessions, participate in and contribute to class discussions, complete all assignments and tests on time, and request assistance when needed. Students should spend at least six hours per week preparing for class. Attendance is critical in this class.

STUDENT ASSESSMENT SHALL TAKE PLACE USING INSTRUMENTS SELECTED/DEVELOPED BY THE COURSE INSTRUCTOR.

Curriculum Committee Approval Date: March 5, 2019

AASC APPROVAL DATE: March 20, 2019
DATE: March 2024