HIBBING COMMUNITY COLLEGE
COURSE OUTLINE

COURSE NUMBER & TITLE: PE 1085: Varsity Trap Shooting
CREDITS: 1 (0 Lec /1 Lab)
PREREQUISITES: Students enrolled in this class must be members of the Hibbing Community College trap team.

CATALOG DESCRIPTION:
Trap Shooting is a class concentrating on the techniques and skills needed to shoot clay targets. Proper handling of the firearm, proper shooting procedure and scoring will be taught in this class through participation in practices and competition events.

OUTLINE OF MAJOR CONTENT AREAS:
1. Safety
   A. Personal protection
   B. Firearm handling
   C. Range safety
   D. Sportsmanship
2. Basics Techniques
   A. Gun fit
   B. Foot position
   C. Gun mount
   D. Hold point
   E. Sight picture
   F. Target acquisition
3. Terminology
4. Squad Procedures
5. Scoring

COURSE GOALS/OBJECTIVES/OUTCOMES:
1. Students will identify and use trap shooting terminology.
2. Students will demonstrate the ability to safety handle a firearm.
3. Students will identify the sequence of events relating to shooting a round of trap.
4. Students will demonstrate proper foot positions for each station.
5. Students will identify the proper hold points for each station.
6. Students will apply “nose over toes” weight distribution.
7. Students will explain why you should keep your cheek on the stock.
8. Students will demonstrate proper gun mount.
9. Students will list in order the proper “pre-shot” routine.
10. Students will explain what is meant by “leading” the target.
11. Students will determine correct selection of choke tubes.
12. Students will demonstrate the proper gun cleaning procedures.
13. Students will list personal safety equipment used in trap shooting.
14. Students will demonstrate the correct rotation procedure during a round of trap.
16. Students will demonstrate sportsmanship at all times.
17. Students will demonstrate the ability to “score” a round of trap.

MNfC GOALS AND COMPETENCIES MET:
N/A

HCC COMPETENCIES MET:
Working Productively and Cooperatively
Thinking Creatively and Critically
Social/Civic Responsibility

STUDENT CONTRIBUTIONS:
Students are expected to attend all practices and competition sessions, participate in all activities and discussions, listen to and follow directions, and request assistance when needed. Students are expected to assist with equipment when necessary. Students are also expected to be courteous and respectful of others. Attendance and class participation are critical in this class.

STUDENT ASSESSMENT SHALL TAKE PLACE USING INSTRUMENTS SELECTED/DEVELOPED BY THE COURSE INSTRUCTOR.

SPECIAL INFORMATION:
This class is intended for students of all ages and abilities. Any individuals who have not participated in physical activities are advised to consult a physician before participating. Any history of disease or disability requiring limited participation should be reported to the instructor.

Activity classes even under the safest possible conditions can be hazardous. Safety rules must be followed without exception.

Special fees ($250.00) will be assessed to cover the cost of the class. Fundraising options may be available to cover these costs.

Curriculum Committee Approval Date: April 2, 2018
AASC APPROVAL DATE: April 18, 2018
REVIEW DATE: April 2023