NURS 2150: Care of the Client Affected by Acute Stressors

A. COURSE DESCRIPTION

Credits: 5
Lecture Hours/Week: 3
Lab Hours/Week: 2
OJT Hours/Week: *. *
Prerequisites: None
Corequisites: None
MnTC Goals: None

Care of the Client affected by Acute Stressors presents acute stressors across the lifespan with a focus on primary, secondary and tertiary prevention. Emphasis is placed on recognizing the interrelationship between acute stressors and the nursing process as a means of planning and providing wholistic client care. Students demonstrate clinical competence while applying theory to practice in a variety of clinical settings.

B. COURSE EFFECTIVE DATES: 03/13/2007 - Present

C. OUTLINE OF MAJOR CONTENT AREAS

1. Care of the critically ill client
   A. Assessment of critically ill clients
   B. Client and family stressors
2. Acute/critical respiratory disruptions
   A. Review of respiratory system and ABGs (Arterial Blood Gasses)
   B. Upper airway disorders
   C. Lower airway disorders
   D. Critical respiratory disorders
   E. Mechanical ventilation
   F. Exacerbation of chronic respiratory disorders
   G. Chest tube care
3. Acute gastrointestinal disruptions
   A. Esophageal disorders
   B. Stomach disorders
   C. Intestinal disorders
   D. Hepatic, biliary, and pancreatic disorders
4. Acute renal disruptions
   A. Inflammatory renal disorders
   B. Infectious urinary and renal disorders
   C. Obstructive urinary and renal disorders
D. Acute and chronic renal failure
E. Dialysis
F. Urinary and renal trauma

5. Acute musculoskeletal disruptions
   A. Joint arthroplasties
   B. Infectious bone disorders
   C. Other musculoskeletal disorders

6. Acute mental health disruptions
   A. Substance abuse
   B. Schizophrenic disorders
   C. Bipolar disorders
   D. Special populations

7. Acute infectious diseases
   A. Healthcare acquired infections
   B. MDROs (Multiple Drug Resistant Organisms)
   C. Standard precautions
   D. Transmission-based precautions
   E. Prototype diseases
   F. Anti-infective agents

8. Advanced nursing skills
   A. Venipuncture
   B. IV skills
   C. Central line skills

D. LEARNING OUTCOMES (General)

1. Students will apply assessment data and nursing care interventions related to stressors affecting the critically ill client.
2. Students will summarize evidence-based practice in the care of clients affected by infections/infectious diseases.
3. Students will integrate teaching/learning principles in providing information to clients with acute stressors and/or groups to promote, maintain, and restore health.
4. Students will demonstrate therapeutic communication techniques while caring for clients with acute stressors.
5. Students will collaborate with members of the interdisciplinary healthcare team to promote, maintain, and/or restore health to clients.
6. Students will apply knowledge of human behavior from nursing, biologic, and psychologic foundations to guide nursing care with clients experiencing acute stressors.
7. Students will demonstrate core knowledge using the nursing process to develop care maps that address the biologic, psychologic, socio-cultural, and spiritual needs of clients affected by acute health stressors.
8. Students will analyze client response to acute stressors.
9. Students will integrate the concept of wholism into client care.
10. Students will demonstrate the practice of safe and competent nursing care.
11. Students will perform advanced psychomotor nursing skills in a safe and competent manner.

E. Minnesota Transfer Curriculum Goal Area(s) and Competencies
None

F. LEARNER OUTCOMES ASSESSMENT
As noted on course syllabus

G. SPECIAL INFORMATION
HCC COMPETENCIES MET:
Working Productively & Cooperatively
Communicating Clearly & Effectively
Thinking Creatively & Critically
Social/Civic Responsibility.
Practicing Cultural, Economic, and Environmental Sustainability

STUDENT CONTRIBUTIONS:
The current Nursing Student Handbook presents and explains the established protocol regarding class and clinical attendance, dress code, student evaluation, and program progression. It is the student’s responsibility to follow the protocol set forth in this handbook. The student is expected to listen, follow directions, and seek assistance and guidance as needed. The student is expected to attend all scheduled class hours, actively participate in class discussions, and complete all written assignments by the due date.

STUDENT ASSESSMENT SHALL TAKE PLACE USING INSTRUMENTS SELECTED/DEVELOPED BY THE COURSE INSTRUCTOR.

SPECIAL INFORMATION: (SPECIAL FEES, DIRECTIVES ON HAZARDOUS MATERIALS, ETC.)
The current Nursing Student Handbook addresses fees for malpractice liability insurance required of nursing students, as well as policies relating to clinical uniforms and equipment, transportation to clinical sites, and risks of exposure to hazardous substances in the nursing profession. It is the student’s responsibility to be knowledgeable of the material in this handbook.
Each student must bear a fee for Assessment Technologies Institute supplies.
Each student must bear the cost of a skills lab kit.
To request disability accommodations, please contact the disability coordinator on campus. Students are encouraged to discuss their individual needs with the instructor.

AASC APPROVAL DATE: December 13, 2016
REVIEW DATE: December 2021