HIBBING COMMUNITY COLLEGE
COURSE OUTLINE

COURSE NUMBER & TITLE: LAW 2511: Defensive Tactics and Physical Preparation
CREDITS: 3 (0 Lec / 3 Lab)
PREREQUISITES: LAW 1550 Street Survival; pass the Minnesota POST Board
Physical Assessment with a minimum of 70% or instructor approval

CATALOG DESCRIPTION:
Defensive Tactics and Physical Preparation includes basic techniques on how to best
defend against certain common types of attack and the reasonable force necessary to
overcome the resistance being offered. Analyses of physical confrontations and
principles are demonstrated with practical exercises. This course aids in reducing the
likelihood of injury to the peace officer, minimizing the use of excessive force, and
creating a positive self image with physical and mental conditioning.

OUTLINE OF MAJOR CONTENT AREAS:
1. Stances
   A. Open stance
   B. Ready stance (interview stance)
   C. Defensive stance and relative position
2. Control techniques
   A. Pain compliance
   B. Escort or come-along
   C. Officer Presence - verbal and nonverbal skills
3. Levels of control
   A. Empty hand control, both soft and hard
   B. Intermediate weapons
   C. Lethal force
4. Active counter measures
   A. Kicks
   B. Knee
   C. Punches
5. Techniques for levels: types of resistance
   A. Passive
   B. Defensive
   C. Active aggression
   D. Aggravated active aggression
6. Baton tactical applications
A. Collapsible baton
B. Strikes
C. Identify authorized force
D. Blocks
E. Impact weapons - basic techniques

7. Weapon retention and disarming techniques (Handgun/Long Gun/Other LE weapons)
   A. Reactionary gap
   B. Survival considerations
   C. Approach

8. Lifestyle techniques
   A. Mental and physical conditioning
      1. Survival Mindset
      2. Preparedness
   B. Professional conduct
   C. Health and fitness

9. Chemical agents
   A. Exposed to agent
   B. Use and considerations
   C. First Aid

10. Defensive considerations from ground position.

11. Handcuffing
    A. Handcuffing – cooperative and non-cooperative subjects
    B. Application and tactical positioning
    C. Technique considerations
    D. In custody deaths
    E. Systematic search and difference between Terry Pat and In custody Search.

12. Use of force
    A. Minnesota state statutes pertaining to use of force
       1. Authorized use of force, M.S.A 609.06
       2. Authorized use of deadly force by a peace officer, M.S.A. 609.066
       3. Justifiable taking of a life, M.S.A. 609.065
       4. When force may be used to make an arrest, M.S.A. 629.33
    B. Supreme Court cases
    C. Department policies
       1. Debriefing
       2. Post-Traumatic Stress Disorder

13. TASER
    A. Course work for the currently recognized electronic control device and written test.
    B. Familiarization with same ECD.
    C. Firing of two cartridges of the same ECD.
14. Excited Delirium  
   A. Response  
   B. Transport  
15. Physical Fitness  
   A. Strength Conditioning  
      1. Upper Body  
      2. Abdominal  
      3. Grip  
      4. Legs  
   B. Aerobic and Anaerobic Conditioning  
      1. Run/walk  
      2. Bicycling  
      3. Jumping rope  
   C. Flexibility and Stretching  

**COURSE GOALS/OBJECTIVES**  
1. Students will explain case law, statutes and policies as they relate to the proper use of force.  
2. Students will explain excited delirium.  
3. Students will identify and demonstrate proper stances.  
4. Students will identify and demonstrate proper control techniques.  
5. Students will identify proper levels of control.  
6. Students will identify proper levels of resistance.  
7. Students will identify and demonstrate proper weapon techniques.  
8. Students will identify and demonstrate proper baton techniques.  
9. Students will explain case law, statutes and policies as they relate to chemical agents and electronic control devices.  
10. Students will demonstrate proper use of chemical agents and electronic control devices.  

**MNTC GOALS AND COMPETENCIES MET:**  
N/A  

**HCC COMPETENCIES MET:**  
Working Productively and Cooperatively  
Communicating Clearly and Effectively  
Thinking Creatively and Critically  
Social/Civic Responsibility
STUDENT CONTRIBUTIONS:
Examination of your performance is directly related to the performance objectives. Each student is expected to prepare for class, attend lectures, participate in class activities, participate and implement input into class discussions, complete examinations and hand in outside assignments when due. Attendance is crucial in this class.

STUDENT ASSESSMENT SHALL TAKE PLACE USING INSTRUMENTS SELECTED/DEVELOPED BY THE COURSE INSTRUCTOR.

ADDITIONAL INFORMATION:
We cannot plan, and subsequently establish training for every conceivable eventuality or situation which an officer will confront. However, we intend to increase awareness of risks and show various tactics at a basic entry level with the understanding that procedures may change from department to department.

Curriculum Committee Approval Date: February 8, 2018

AASC APPROVAL DATE: February 21, 2018
REVIEW DATE: February 2023