

**HIBBING COMMUNITY COLLEGE
COURSE OUTLINE**

COURSE NUMBER & TITLE: PSYC 1205 - General Psychology

CREDITS: 4 (Lecture 4/Lab 0)

PREREQUISITES: College level reading ability.

CATALOG DESCRIPTION:

General Psychology is an introduction to the scientific study of human behavior. The course includes child, adolescent, and adult development, sensation, perception, consciousness, learning, memory, thinking and language, intelligence, motivation, emotion, personality, psychological disorders, therapy, stress, health, and social behavior. This course has a research methodology component: Methodology provides students with the opportunity to participate in the process of discovery used by researchers to learn more about human behavior, using a hands-on application of experimental methods. The course is intended for students majoring in psychology or related social science fields. MNTC goal area:(5)History/Social/Behavioral Sciences.

OUTLINE OF MAJOR CONTENT AREAS:

- I. Foundations of psychology
 - A. Thinking critically with psychological science
 - B. Neuroscience and behavior
- II. Development over the life span
 - A. The developing child
 - B. Adolescence and adulthood
- III. Experiencing the world
 - A. Sensation
 - B. Perception
 - C. States of consciousness
- IV. Learning and thinking
 - A. Learning
 - B. Memory
 - C. Thinking and language
 - D. Intelligence
- V. Motivation and emotion
 - A. Motivation
 - B. Emotion
- VI. Personality, disorder, and well-being
 - A. Personality
 - B. Psychological disorders
 - C. Therapy
 - D. Stress and health
- VII. Social behavior
 - A. Social psychology

- B. Diversity and community
- VIII. The experimental method
 - A. Definitions
 - B. Terminology
- IX. The experiment
 - A. Purpose
 - B. Design
 - C. Conducting the experiment
- X. Results and findings of the experiment
 - A. Analyzing data
 - 1. Statistical methods
 - 2. Expressing information with statistics
 - 3. Generalizing from a sample
 - B. Writing the research report
- XI. Evaluation of research

COURSE GOALS/OBJECTIVES/OUTCOMES:

The student will

1. correctly use and apply the basic terms and vocabulary of psychology.
2. apply critical thinking to issues in psychology.
3. list the pertinent tenets of the predominant psychological theories: psychodynamic, behaviorist, cognitive, and humanistic.
4. identify the anatomical structures involved in arousal, emotion, and neurocommunication.
5. identify the function of structures in the central nervous system.
6. identify and describe the techniques used to study the brain and central nervous system.
7. recognize issues of nature vs. nurture, stages of development vs. continuity, and change vs. stability in given situations.
8. interpret human growth and development within the framework of the nature/nurture, stages/continuity, and change/stability.
9. examine and explain growth and development focusing on physical, cognitive, and social development throughout the lifespan.
10. discriminate between sensation and perception.
11. utilize the appropriate term describing perception and sensation which fits a given situation.
12. relate various states of consciousness to how information is processed.
13. define learning, memory, thinking, and intelligence.
14. identify the relevant learning and thinking concepts in given situations.
15. define terms and explain concepts of motivation and emotion.
16. identify the relevant motivator in given situations.
17. define terms used in personality theory.
18. examine personality in the context of psychoanalytic, trait, and humanistic viewpoints.
19. define normal and abnormal function of discriminate between them

20. classify and describe categories of psychological disorders.
21. describe how a therapist from a particular theoretical perspective would treat various disorders.
22. identify and clarify issues in health psychology with particular emphasis on the role of stress.
23. identify and summarize issues in social psychology.
24. define the scientific methods.
25. identify examples of research in which the scientific method was properly used.
26. utilize the vocabulary of the scientific method appropriately.
27. design and conduct a simple experiment.
28. collect and analyze data.
29. demonstrate statistical reasoning using descriptive and inferential statistics.
30. organize and write a research report.
31. evaluate a research study.

MNTC GOALS AND COMPETENCIES MET:

History and the Social and Behavioral Sciences

HCC COMPETENCIES MET:

Working Productively and Cooperatively

Communicating Clearly and Effectively

Thinking Creatively and Critically

Social/Civic Responsibility

STUDENT CONTRIBUTIONS:

Students are expected to attend all lectures and working sessions, participate and contribute to class discussion, complete all assignments and tests in time and request assistance when needed. Students should spend at least six hours per week preparing for class. Attendance is crucial in this class.

METHODS FOR EVALUATING STUDENT LEARNING:

Students will take several exams during the semester plus an experiment which will require them to analyze behavioral situations, identify and apply appropriate research methods to specific problems and situations presented in the exams.

<p>AASC APPROVAL DATE: December 19, 2007</p>

<p>REVIEW DATE: December 2012</p>
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