

## **HIBBING COMMUNITY COLLEGE COURSE OUTLINE**

**COURSE NUMBER & TITLE:** ALHE 1520: Nursing Assistant Skills Set

**CREDITS:** 2 (0 Lec / 2 Lab)

**PREREQUISITE:** Completion of or concurrent enrollment in the Health Care Core Curriculum all 7 modules:

The Health Care core Curriculum (HCCC) modules include:

- Awareness and Sensitivity to Client Needs
- Behaviors for Success in Healthcare Settings
- Communications in Healthcare Settings
- Healthcare Safety and Standard Precautions
- Legal Issues in Healthcare
- Healthcare Ethics
- Respecting Client and Staff Diversity

### **COURSE DESCRIPTION:**

The Nursing Assistant Skills Set is an introduction to basic nursing care skills and concepts necessary to prepare a student to take the State exam, the Nursing Assistant Test-Out (NATO) and then be employed in a health care facility under the direct supervision of a licensed nurse.

### **OUTLINE OF MAJOR CONTENT AREAS:**

- I. Role of the Nursing Assistant in Healthcare
- II. Safe and Clean Environment
- III. Vital Signs and Measures
- IV. Skills for Personal Care
- V. Activity and Exercise
- VI. Food and Fluids
- VIII. Elimination
- IX. Caring for Residents with Special Needs
- X. Work Organizational Skills

### **COURSE GOALS/OBJECTIVES/OUTCOMES:**

Students will

1. discuss the role of the nursing assistant within healthcare.
2. demonstrate skills for a clean and safe environment.
3. demonstrate skills related to vital signs and measures.
4. demonstrate skills for personal care.
5. demonstrate skills for activity and exercise.
6. demonstrate skills related to food and fluids.
7. demonstrate skills related to elimination.

8. discuss/demonstrate skills related to behavioral health/mental health.
9. discuss death and dying.
10. demonstrate work organizational skills.
11. identify purpose of clinical experience.
12. use problem-solving process applied to resident care situations, describe how healthcare workers can effectively and safely implement skills.

**MNTC GOALS AND COMPETENCIES MET:**

N/A

**HCC CORE COMPETENCIES MET:**

Working Productively and Cooperatively  
Communicating Clearly and Effectively  
Thinking Creatively and Critically  
Social/Civic Responsibility

**STUDENT CONTRIBUTIONS:**

Students are expected to attend all classroom sessions, participate in activities and discussions, listen to and follow directions, complete assignments on time, and request assistance when needed.

**STUDENT ASSESSMENT SHALL TAKE PLACE USING INSTRUMENTS  
SELECTED/DEVELOPED BY THE COURSE INSTRUCTOR.**

**SPECIAL INFORMATION: (SPECIAL FEES, DIRECTIVES ON HAZARDOUS  
MATERIALS, ETC.):**

**AASC APPROVAL DATE: March 21, 2016**

**REVIEW DATE: March 2021**

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