

HCC LIBRARY NEWSLETTER

APRIL/MAY 2018



NEW AT THE LIBRARY

ARRIVING THIS MONTH

As the end of the semester draws near, and finals begin to loom, the HCC Library is here to provide students with a quiet space to study, help with those final touches on the last research papers of the semester, and stress relief through the endless entertainment of a variety of DVDs available for checkout.

Newly ordered movies that will arrive during finals week include recent releases, award winners, and popular hits, like *Molly's Game*, *Wonder*, *The Greatest Showman*, *The Bourne Collection*, *It*, *Jumanji: Welcome to the Jungle*, *Don't Breathe*, *The Post*, *Beauty and the Beast*, and *Three Billboards Outside Ebbing, Missouri*.

As a reminder, the library accepts recommendations for materials including textbook requests, DVD requests, and both fictional and nonfictional material requests.

LIBRARY SUMMER HOURS

LIBRARY CLOSED MAY 11TH

The HCC Library will be closed from May 11th through June 3rd.

From June 4th through August 28th, the library hours will be as follows:

Monday – Friday 9:00 am – 1:00 pm

Library closings that fall within this period, will be announced via email and posted on the library doors. If these hours change, an email announcement will be sent out.

If you have any questions throughout the summer, please contact the Library Technician, Rachel Milani via phone or email:

rachelmilani@hibbing.edu

(218) 262-7258

STUDENT ART EXHIBIT

Another huge thank you goes out to Maggie Holmes and the art students from the metalwork class for their display of metal sculptures in the HCC Library. If you haven't stopped by to view their work, please do so before the end of the semester when the students reclaim their work.

FINALS SURVIVAL WEEK

FINALS WEEK SURVIVAL TIPS

1. **Don't procrastinate** – We all know how enticing that “next episode” button on Netflix can be, but try to resist the temptation to binge your favorite shows when it comes to finals week. Rather than binging an entire season, try taking breaks from your studying to watch just one episode.
2. **Take an exercise break** – Exercise can help relieve some of your stress from studying, and reenergize you for the next round.
3. **Eat nutritious foods** – Sticking with healthier food options will help you maintain your concentration and the retention of information far better than junk food will (no matter how tasty that junk food might be).
4. **Stay hydrated** – Dehydration can lead to fatigue and headaches, which won't help with your study efforts. Caffeine will dehydrate you, so make sure to have some water with your coffee!
5. **Don't forget to sleep** – Cramming and pulling all-nighters might seem like the best means of utilizing your time to prepare for the big test, but lack of sleep can reduce your ability to retain information. And multiple nights without sleep is not a sustainable practice.
6. **Avoid distractions** – Choose a quiet place to study with few friends around to distract you. Try turning off your phone, or at least silencing it and placing it out of sight.
7. **Get tutoring if necessary** – If you don't understand the material, there is nothing wrong with asking for help. Better to feel a little embarrassed about needing assistance with material than to fail an exam or class.
8. **Study in groups** – If you study by yourself first, then get together with classmates to talk about and review the material, you'll find that you cover pieces that you might have missed, and that you retain the information better for having talked about it.
9. **Try different methods of studying** – Simply reviewing your notes might not be enough as preparation for a final exam. Try creating your own study guide, or going over past homework assignments and exams (if you have them). Try talking with classmates about the material, or reciting important pieces of information to yourself. Create flashcards for terminology and historical dates.
10. **Prioritize your studying** – Study for the exam that is tomorrow before you study for the exam that is in three days. Study for large comprehensive exams throughout the week in small pieces, rather than cramming for them the night before.
11. **Once the exam is done, move on to the next one** – Don't obsess over whether you answered certain questions correctly; don't worry about how you did. Each exam you take is a fresh slate.